ALL PRICES USD • WHILE SUPPLIES LAST!

December

DELIVERY SPECIALS



December Specials Pantry Can Pack

Banana Slices, Mushroom Pieces, Blueberries, Carrot Dices, Velouté, Grilled Chicken Dices Pack: \$141.69 \$106.27 SAVE 25%



December Family Can Fruit & Veggie Pack

Banana Slices,* Mushroom Pieces,* Blueberries,* Carrot Dices **Pack:** \$175.01 \$113.76 SAVE 35%

*OVERSTOCKED ITEM



Banana Slices

Family Can: \$48.58 \$31.58 SAVE 35%* Case: \$291.48 \$174.89 SAVE 40%*

Pantry Can: \$19.16 \$14.37 SAVE 25% 10-Pack: \$191.60 \$134.12 SAVE 30%





Case: \$211.68 \$127.01 SAVE 40%*
Pantry Can: \$17.64 \$13.23 SAVE 25%
10-Pack: \$176.40 \$123.48 SAVE 30%



*OVERSTOCKED ITEM



Blueberries

Family Can: \$61.28 \$42.90 SAVE 30%* Case: \$367.68 \$238.99 SAVE 35%*

Pantry Can: \$30.34 \$24.27 SAVE 20% 10-Pack: \$303.40 \$227.55 SAVE 25%





Carrot Dices

(Dehydrated)

Can: \$29.87 \$23.90 SAVE 20

Family Can: \$29.87 \$23.90 SAVE 20% Case: \$179.22 \$134.42 SAVE 25%

Pantry Can: \$12.46 \$9.97 SAVE 20% 10-Pack: \$124.60 \$93.45 SAVE 25%





Velouté

(Rich Chicken Gravy)

Pantry Can: \$28.22 \$22.58 SAVE 20%* 10-Pack: \$282.20 \$211.65 SAVE 25%*





Grilled Chicken Dices

Family Can: \$88.22 \$70.58 SAVE 20% Case: \$529.32 \$396.99 SAVE 25%

Pantry Can: \$33.87 \$27.10 SAVE 20% 10-Pack: \$338.70 \$254.03 SAVE 25%





Instant Milk

Family Can: \$39.28 \$19.64 SAVE 50%* Case: \$235.68 \$117.84 SAVE 50%*

Pantry Can: \$16.34 \$8.17 SAVE 50%* 10-Pack: \$163.40 \$81.70 SAVE 50%*



*OVERSTOCKED ITEM





December Meals Variety Pack

2 Chicken Spinach Alfredo,* 2 Vegetable Pasta Primavera, 2 Creamy Mashed Potato Bowl,* 2 Butter Chicken, 2 Creamy Beef with Rotini Pasta

Pack: \$139.18 \$97.43 SAVE 30%



Recipe and Tips on Back

OVERSTOCK = Save on overstock items with adjusted shelf life. The discount for sale items includes the overstock savings. They've been carefully stored, retain top quality, and may be 1-2 years into their shelf life.

Contact me for Best Prices!

NAME:

(1) FD Freeze Dried, Outrilock, Gulten-Free Certified, Non-GMO,

*Free shipping on delivery service orders over \$99.5% shipping in Alaska, Hawaii & Puerto Rico. Discounts on monthly special items are available only on delivery orders. One-time orders pay retail price. Sale ends 12/31/2023. All sale and limited time products are available while supplies last.

Thrive Life's freeze dried foods are the freshest on the market and long-lasting, meaning you'll never have to throw away another moldy onion or mushy strawberry! The unopened shelf life for all our fruits, veggies, dairyand meats is 25 years. For specific information, visit our product pages at thrivelife.com.

Chicken Pot Pie (Soup or Meal in a Jar)

This recipe was originally created to be a meal in a jar but could be cooked as a soup as well. It tastes just like a chicken pot pie: warm, delicious, and fulfilling!

This recipe was provided by Michelle Daughs and is on our Recipe section of the Thrive Life website. Bolded ingredients are part of our December Specials.

5 servings 15 minutes prep time 10 minutes cook time

INGREDIENTS

1 cup Thrive Life Chicken Dices

1/3 cup Thrive Life Carrot Dices

1/3 cup Thrive Life Veloute (Rich Chicken Gravy)

1/2 Tbsp Thrive Life Instant Milk

1/2 cup Thrive Life Chopped Onions

½ cup Thrive Life Chopped Onions

1 cup Thrive Life Potato Dices

 $\frac{1}{3}$ cup Thrive Life Green Peas

1 Tbsp Thrive Life Butter Powder

1 Tbsp ground sage

½ tbsp black pepper

1 Tbsp dried parsley



DIRECTIONS

- 1. Add contents to 6 cups of water.
- 2. Bring to a boil.
- 3. Stir well.
- 4. Simmer for 10-12 minutes.
- 5. Add 1 to 2 Tbsp of flour to thicken soup if desired. Enjoy!

Want to get creative? Try adding Thrive Life Mushrooms to the recipe!

Creative Ways to Enjoy More of Thrive Life's November Specials



Banana Slices

Trail Mix: Mix freezedried banana slices with other dried fruits, nuts, and chocolate chips for a homemade trail mix that's perfect for snacking on the go.



Blueberries

Blueberry Vinaigrette:
Blend rehydrated blueberries with balsamic vinegar, olive oil, and a touch of honey to make a unique blueberry vinaigrette for salads.

