



ALL PRICES USD • WHILE SUPPLIES LAST!

January

DELIVERY SPECIALS



UP TO 25% OFF RETAIL

January Specials Pantry Can Pack

Broccoli, Green Beans, Sweet Corn, Pepper Jack Cheese, Diced Chicken, Ground Beef, Instant Black Beans
Pack: ~~\$158.03~~ **\$118.52 SAVE 25%**



OVERSTOCK UP TO 30% OFF RETAIL

January Family Can Fruit & Veggie Pack

Green Beans, Sweet Corn* Fuji Apples*, Pineapple*
Pack: ~~\$174.78~~ **\$122.35 SAVE 30%**
*OVERSTOCKED ITEM



UP TO 30% OFF RETAIL

Broccoli

Family Can: ~~\$38.81~~ **\$29.11 SAVE 25%**
Case: ~~\$232.86~~ **\$163.00 SAVE 30%**
Pantry Can: ~~\$16.93~~ **\$12.70 SAVE 25%**
10-Pack: ~~\$169.30~~ **\$118.51 SAVE 30%**
FD GF NG



UP TO 30% OFF RETAIL

Green Beans

Family Can: ~~\$32.93~~ **\$24.70 SAVE 25%**
Case: ~~\$197.58~~ **\$138.31 SAVE 30%***
Pantry Can: ~~\$16.69~~ **\$12.52 SAVE 25%**
10-Pack: ~~\$166.90~~ **\$116.83 SAVE 30%**
FD GF NG



UP TO 25% OFF RETAIL

Sweet Corn

Family Can: ~~\$32.93~~ **\$26.34 SAVE 20%***
Case: ~~\$197.58~~ **\$148.19 SAVE 25%***
Pantry Can: ~~\$15.28~~ **\$12.22 SAVE 20%**
10-Pack: ~~\$152.80~~ **\$114.60 SAVE 25%**
FD GF NG



UP TO 25% OFF RETAIL

Pepper Jack Cheese

Family Can: ~~\$70.46~~ **\$56.37 SAVE 20%**
Case: ~~\$422.76~~ **\$317.07 SAVE 25%**
Pantry Can: ~~\$28.34~~ **\$22.67 SAVE 20%**
10-Pack: ~~\$283.40~~ **\$212.55 SAVE 25%**
FD GF NG



UP TO 25% OFF RETAIL

Diced Chicken

Family Can: ~~\$76.46~~ **\$61.17 SAVE 20%**
Case: ~~\$458.76~~ **\$344.07 SAVE 25%**
Pantry Can: ~~\$28.58~~ **\$22.86 SAVE 20%**
10-Pack: ~~\$285.80~~ **\$214.35 SAVE 25%**
FD GF NG



UP TO 25% OFF RETAIL

Ground Beef

Family Can: ~~\$82.34~~ **\$65.87 SAVE 20%**
Case: ~~\$494.04~~ **\$370.53 SAVE 25%**
Pantry Can: ~~\$37.28~~ **\$29.82 SAVE 20%**
10-Pack: ~~\$372.80~~ **\$279.60 SAVE 25%**
FD GF NG



OVERSTOCK UP TO 35% OFF RETAIL

Fuji Apples

Family Can: ~~\$45.52~~ **\$31.86 SAVE 30%***
Case: ~~\$273.12~~ **\$177.53 SAVE 35%***
Pantry Can: ~~\$21.40~~ **\$17.12 SAVE 20%**
10-Pack: ~~\$214.00~~ **\$160.50 SAVE 25%**
FD GF NG
*OVERSTOCKED ITEM



OVERSTOCK UP TO 35% OFF RETAIL

Pineapple

Family Can: ~~\$63.40~~ **\$44.38 SAVE 30%***
Case: ~~\$380.40~~ **\$247.26 SAVE 35%***
Pantry Can: ~~\$27.40~~ **\$21.92 SAVE 20%**
10-Pack: ~~\$274.00~~ **\$205.50 SAVE 25%**
FD GF NG
*OVERSTOCKED ITEM



UP TO 25% OFF RETAIL

Instant Black Beans

Pantry Can: ~~\$14.93~~ **\$11.94 SAVE 20%**
10-Pack: ~~\$149.30~~ **\$111.98 SAVE 25%**
GF NG



OVERSTOCK UP TO 50% OFF RETAIL

Instant Milk

Family Can: ~~\$39.28~~ **\$19.64 SAVE 50%***
Case: ~~\$235.68~~ **\$117.84 SAVE 50%***
Pantry Can: ~~\$16.34~~ **\$8.17 SAVE 50%***
10-Pack: ~~\$163.40~~ **\$81.70 SAVE 50%***
GF NG
*OVERSTOCKED ITEM



OVERSTOCK UP TO 25% OFF RETAIL

Meals Sampler Pack

Southwestern Style Chicken*, Creamy Beef with Rotini Pasta, Chicken Spinach Alfredo*, Vegetable Pasta Primavera, Cheesy Chicken, Creamy Mashed Potato Bowl*, Breakfast Skillet, Apple Cinnamon Granola* Blueberry Oatmeal*, Beef Pot Roast, Butter Chicken, and Chicken Teriyaki & Rice.
Pack: ~~\$180.09~~ **\$135.07 SAVE 25%**
*OVERSTOCKED ITEM



Recipe and Tips on Back

OVERSTOCK = Save on overstock items with adjusted shelf life. The discount for sale items includes the overstock savings. They've been carefully stored, retain top quality, and may be 1-2 years into their shelf life.

Contact Me for the Best Prices!

NAME: _____

FD Freeze Dried, GF Nutrilock, GF Gluten-Free Certified, NG Non-GMO

*Free shipping on delivery service orders over \$99. \$9.50 shipping in Alaska, Hawaii, & Puerto Rico. Discounts on monthly special items are available only on Delivery orders. One-time orders pay retail price. Sale ends 1/31/2024. All sale and limited-time products are available while supplies last.

Thrive Life's freeze dried foods are the freshest on the market and long-lasting, meaning you'll never have to throw away another moldy onion or mushy strawberry! The unopened shelf life for all of our fruits, veggies, dairy, and meats is 25 years. For more information, visit our product pages at thrive.life.com.

Beef/Chicken & Bean Burrito

Looking for a speedy dinner option? Our Beef/Chicken & Bean Burrito has you covered. Savor the rich blend of black beans, ground beef/diced chicken, and sweet corn infused with a smoky kick. Enjoy a delicious last-minute meal without compromising on taste!

Bolded ingredients are part of our January Specials.

4 servings
20 minutes prep time
5 minutes cook time

INGREDIENTS

1 ½ cup **Thrive Life Instant Black Beans**
1 cup **Thrive Life Ground Beef**
(or add/substitute 1 cup **Thrive Life Diced Chicken**)
½ cup **Thrive Life Sweet Corn**
½ cup Thrive Life Instant White Rice
¼ cup Thrive Life Chopped Onions
4 teaspoons olive oil
1 teaspoon chili powder
½ teaspoon ground cumin
¼ teaspoon salt
¼ teaspoon pepper
½ teaspoon garlic powder
4 large flour tortillas
Thrive Life Pepper Jack Cheese to taste
Salsa



DIRECTIONS

- 1. Rehydrate Ingredients:** Separately, rehydrate Thrive Life ingredients according to the instructions on each can, including Instant Black Beans, Ground Beef/Diced Chicken, Sweet Corn, Instant White Rice, Chopped Onions, and Pepper Jack Cheese.
- 2. Prepare Sweet Corn Mixture:** After rehydrating, heat olive oil in a 10-inch non-stick frying pan over medium heat. Add Sweet Corn, Chopped Onions, chili powder, cumin, salt, pepper, and garlic powder to the pan. Stir for 3-5 minutes or until the mixture is tender and crisp.
- 3. Assemble Burritos:** To assemble each burrito, layer the center of the tortilla with about ¼ cup of Instant Black Beans, followed by approximately ¼ cup of Instant Rice. Add ¼ of the Sweet Corn mixture and ¼ cup of Ground Beef/Diced Chicken. Include Pepper Jack Cheese in the burrito ingredients.
- 4. Serve:** Serve with your favorite salsa and enjoy!

Creative Ways to Enjoy Some of Thrive Life's January Specials



Broccoli

Broccoli and Cheese Baked Potatoes: Mix rehydrated Thrive Life Broccoli with cheese and stuff it into baked potatoes for a tasty and nutritious twist.



Fuji Apples

Apple Cinnamon Oatmeal: Add rehydrated Thrive Life Fuji Apples to your morning oatmeal with a sprinkle of cinnamon for a sweet and comforting breakfast.



Green Beans

Green Bean Salad: Mix rehydrated Thrive Life Green Beans with cherry tomatoes, olives, feta cheese, sliced almonds, and a balsamic vinaigrette for a refreshing salad.



Pineapple

Pineapple Salsa: Create a refreshing salsa by combining rehydrated Thrive Life Pineapple with diced tomatoes, red onion, cilantro, and lime juice. Perfect for topping grilled fish or chicken.