



ALL PRICES USD • WHILE SUPPLIES LAST!

OCTOBER

DELIVERY SPECIALS




25% OFF RETAIL

October Specials Pantry Can Pack
 Broccoli, Grilled Chicken Dices, Butternut Squash, Potato Dices, Cheddar Cheese, Instant Refried Beans
 Pack: ~~\$133.57~~ **\$100.18 SAVE 25%**



25% OFF RETAIL

October Specials Fruit & Veggie Family Can Pack
 Broccoli, Potato Dices, Raspberries*
 Pack: ~~\$148.32~~ **\$111.24 SAVE 25%**
 *OVERSTOCKED ITEM



25% OFF RETAIL

Dinner Variety Pack
 Chicken Spinach Alfredo, Cheesy Chicken, Creamy Beef with Rotini Pasta, Southwestern Style Chicken, Creamy Mashed Potato Bowl, Butter Chicken, Chicken Teriyaki & Rice
 Pack: ~~\$102.63~~ **\$76.97 SAVE 25%**



UP TO 30% OFF RETAIL

Grilled Chicken Dices
 Family Can: ~~\$88.22~~ **\$66.17 SAVE 25%**
 Case: ~~\$529.32~~ **\$370.52 SAVE 30%**
 Pantry Can: ~~\$33.87~~ **\$25.40 SAVE 25%**
 10-Pack: ~~\$338.70~~ **\$237.09 SAVE 30%**
 FD GF NG



UP TO 25% OFF RETAIL

Potato Dices
 Family Can: ~~\$43.05~~ **\$34.44 SAVE 20%**
 Case: ~~\$258.30~~ **\$193.73 SAVE 25%**
 Pantry Can: ~~\$21.64~~ **\$17.31 SAVE 20%**
 10-Pack: ~~\$216.40~~ **\$162.30 SAVE 25%**
 FD GF NG



UP TO 25% OFF RETAIL

Instant Refried Beans
 Pantry Can: ~~\$13.28~~ **\$10.62 SAVE 20%**
 10-Pack: ~~\$132.80~~ **\$99.60 SAVE 25%**
 GF NG



UP TO 25% OFF RETAIL

Butternut Squash
 Pantry Can: ~~\$17.28~~ **\$13.82 SAVE 20%**
 10-Pack: ~~\$172.80~~ **\$129.60 SAVE 25%**
 FD GF NG



OVERSTOCK 40% OFF RETAIL

Raspberries
 Family Can: ~~\$63.40~~ **\$41.21 SAVE 35%***
 Case: ~~\$380.40~~ **\$228.24 SAVE 40%***
 Pantry Can: ~~\$24.34~~ **\$19.47 SAVE 20%**
 10-Pack: ~~\$243.40~~ **\$182.55 SAVE 25%**
 FD GF NG
 *OVERSTOCKED ITEM



UP TO 25% OFF RETAIL

Cheddar Cheese
 Family Can: ~~\$70.46~~ **\$56.37 SAVE 20%**
 Case: ~~\$422.76~~ **\$317.07 SAVE 25%**
 Pantry Can: ~~\$28.34~~ **\$22.67 SAVE 20%**
 10-Pack: ~~\$283.40~~ **\$212.55 SAVE 25%**
 FD GF NG



UP TO 25% OFF RETAIL

Diced Beef
 Family Can: ~~\$106.81~~ **\$85.45 SAVE 20%**
 Case: ~~\$640.86~~ **\$480.65 SAVE 25%**
 Pantry Can: ~~\$43.52~~ **\$34.82 SAVE 20%**
 10-Pack: ~~\$435.20~~ **\$326.40 SAVE 25%**
 FD GF NG



UP TO 30% OFF RETAIL

Broccoli
 Family Can: ~~\$41.87~~ **\$31.40 SAVE 25%**
 Case: ~~\$251.22~~ **\$175.85 SAVE 30%**
 Pantry Can: ~~\$19.16~~ **\$14.37 SAVE 25%**
 10-Pack: ~~\$191.60~~ **\$134.12 SAVE 30%**
 FD GF NG



OVERSTOCK 50% OFF RETAIL

Instant Milk
 Family Can: ~~\$39.28~~ **\$19.64 SAVE 50%***
 Case: ~~\$235.68~~ **\$117.84 SAVE 50%***
 Pantry Can: ~~\$16.34~~ **\$8.17 SAVE 50%***
 10-Pack: ~~\$163.40~~ **\$81.70 SAVE 50%***
 GF NG
 *OVERSTOCKED ITEM

Butternut Squash Bisque



Recipe & Tips on the Back

OVERSTOCK = Save on overstock items with adjusted shelf life. The discount for sale items includes the overstock savings. They've been carefully stored, retain top quality, and may be 1-2 years into their shelf life.

Contact Me for the Best Prices!

NAME: _____

FD Freeze Dried, GF Nutrilock, GF Gluten-Free Certified, NG Non-GMO
*Free shipping on delivery service orders over \$99. 5% shipping in Alaska, Hawaii, & Puerto Rico. Discounts on monthly special items are available only on Delivery orders. One-time orders pay retail price. Sale ends 10/31/2024. All sale and limited-time products are available while supplies last.
Thrive Life's freeze dried foods are the freshest on the market and long-lasting, meaning you'll never have to throw away another moldy onion or mushy strawberry! The unopened shelf life for all of our fruits, veggies, dairy, and meats is 25 years. For more information, visit our product pages at thrive.life.com.

Butternut Squash Bisque

This recipe, provided by Jenny Swingle, is in the Recipe section of the Thrive Life website. The ingredients in bold are featured in our October Specials.

8 servings
5 minutes prep time
20 minutes cook time

Creamy, flavorful, and vibrant, this bisque is perfect for chilly fall evenings and requires minimal prep.

INGREDIENTS

3 cups **Thrive Life Butternut Squash**
1 cup **Thrive Life Potato Dices**
1/2 cup **Thrive Life Chopped Onions**
5 teaspoons **Thrive Life Vegetarian Chicken Bouillon**
2 tablespoons salted butter, or **Thrive Life Butter Powder**
1 teaspoon paprika
7 cups water
1/2 cup heavy whipping cream
1 1/2 tablespoons chives



DIRECTIONS

1. Sauté dry onions in butter for 1 minute.
2. Add all ingredients except chives and heavy whipping cream and bring to a boil.
3. Cover the pot and simmer for 15 minutes until all vegetables are soft.
4. Pour the soup into a blender and purée.
5. Return soup to pot and add heavy whipping cream, chives, salt, and pepper to taste.
6. Garnish soup with additional chives.

Creative Ways to Enjoy Some of Thrive Life's October Specials



Grilled Chicken Dices

Chicken Alfredo Pasta: Add rehydrated Thrive Life Grilled Chicken Dices to creamy Alfredo sauce, then toss with fettuccine for a quick chicken Alfredo.



Raspberries

Raspberry Smoothie: Blend rehydrated Thrive Life Raspberries with yogurt, banana, and juice for a refreshing raspberry smoothie.



Instant Refried Beans

Bean-Stuffed Taquitos: Roll rehydrated Thrive Life Instant Refried Beans in tortillas and bake or fry for crunchy bean taquitos, perfect for dipping in salsa or guacamole.



Diced Beef

Beef and Rice Bowls: Combine rehydrated Thrive Life Diced Beef with rice, sautéed veggies, and a drizzle of teriyaki or soy sauce for a tasty beef bowl.



Cheddar Cheese

Cheddar-Stuffed Meatballs: Stuff rehydrated Thrive Life Cheddar Cheese inside meatballs before baking for a gooey, cheesy surprise in the center.



Broccoli

Broccoli Mac and Cheese: Stir rehydrated Thrive Life Broccoli into mac and cheese for an extra serving of veggies in a classic comfort dish.

