



ALL PRICES USD • WHILE SUPPLIES LAST!

March

DELIVERY SPECIALS



25% OFF RETAIL

March Specials Pantry Can Pack

Mozzarella Cheese, Chopped Onions, Tomato Dices, Red Bell Peppers, Chicken Slices, Scrambled Egg Mix, Instant White Rice

Pack: ~~\$176.05~~ **\$132.04** **SAVE 25%**



OVERSTOCK UP TO 35% OFF RETAIL

March Specials Family Can Fruit and Veggie Pack

Strawberry Slices*, Blueberries*, Chopped Onions*, Red Bell Peppers*

Pack: ~~\$191.01~~ **\$124.16** **SAVE 35%**

*OVERSTOCKED ITEM



OVERSTOCK 25% OFF RETAIL

St. Patrick's Celebration Pantry Can Pack

Broccoli, Green Peas, Green Chili Peppers*, Chopped Spinach, Celery*

Pack: ~~\$94.06~~ **\$70.55** **SAVE 25%**

*OVERSTOCKED ITEM



OVERSTOCK 25% OFF RETAIL

Pot of Gold Variety Pack

Apple Cinnamon Granola, Vegetable Pasta Primavera*, Chicken Spinach Alfredo*, Breakfast Skillet, Creamy Mashed Potato Bowl

Pack: ~~\$71.70~~ **\$53.78** **SAVE 25%**



OVERSTOCK UP TO 40% OFF RETAIL

Strawberry Slices

Family Can: ~~\$43.52~~ **\$28.29** **SAVE 35%***
Case: ~~\$261.12~~ **\$156.67** **SAVE 40%***

Pantry Can: ~~\$21.87~~ **\$16.40** **SAVE 25%**
10-Pack: ~~\$218.70~~ **\$153.09** **SAVE 30%**

FD GF NG

*OVERSTOCKED ITEM



OVERSTOCK UP TO 35% OFF RETAIL

Chopped Onions

Family Can: ~~\$34.93~~ **\$24.45** **SAVE 30%***
Case: ~~\$209.58~~ **\$136.23** **SAVE 35%***

Pantry Can: ~~\$16.58~~ **\$13.26** **SAVE 20%**
10-Pack: ~~\$165.80~~ **\$124.35** **SAVE 25%**

FD GF NG

*OVERSTOCKED ITEM



OVERSTOCK UP TO 35% OFF RETAIL

Red Bell Peppers

Family Can: ~~\$51.28~~ **\$35.90** **SAVE 30%***
Case: ~~\$307.68~~ **\$199.99** **SAVE 35%***

Pantry Can: ~~\$19.52~~ **\$15.62** **SAVE 20%**
10-Pack: ~~\$195.20~~ **\$146.40** **SAVE 25%**

FD GF NG

*OVERSTOCKED ITEM



OVERSTOCK UP TO 35% OFF RETAIL

Blueberries

Family Can: ~~\$61.28~~ **\$42.90** **SAVE 30%***
Case: ~~\$367.68~~ **\$238.99** **SAVE 35%***

Pantry Can: ~~\$30.34~~ **\$24.27** **SAVE 20%**
10-Pack: ~~\$303.40~~ **\$227.55** **SAVE 25%**

FD GF NG

*OVERSTOCKED ITEM



UP TO 30% OFF RETAIL

Mozzarella Cheese

Family Can: ~~\$70.46~~ **\$52.85** **SAVE 25%**
Case: ~~\$422.76~~ **\$295.93** **SAVE 30%**

Pantry Can: ~~\$28.34~~ **\$21.26** **SAVE 25%**
10-Pack: ~~\$283.40~~ **\$198.38** **SAVE 30%**

FD GF NG



UP TO 25% OFF RETAIL

Chicken Slices

Family Can: ~~\$84.93~~ **\$67.94** **SAVE 20%**
Case: ~~\$509.58~~ **\$382.19** **SAVE 25%**

Pantry Can: ~~\$36.46~~ **\$29.17** **SAVE 20%**
10-Pack: ~~\$364.60~~ **\$273.45** **SAVE 25%**

FD GF NG



UP TO 25% OFF RETAIL

Scrambled Egg Mix

Family Can: ~~\$120.11~~ **\$96.09** **SAVE 20%**
Case: ~~\$720.66~~ **\$540.50** **SAVE 25%**

Pantry Can: ~~\$42.11~~ **\$33.69** **SAVE 20%**
10-Pack: ~~\$421.10~~ **\$315.83** **SAVE 25%**

FD GF NG



UP TO 25% OFF RETAIL

Tomato Dices

Pantry Can: ~~\$20.58~~ **\$16.46** **SAVE 20%**
10-Pack: ~~\$205.80~~ **\$154.35** **SAVE 25%**

FD GF NG



UP TO 25% OFF RETAIL

Instant White Rice

Pantry Can: ~~\$12.46~~ **\$9.97** **SAVE 20%**
10-Pack: ~~\$124.60~~ **\$93.45** **SAVE 25%**

FD GF NG



OVERSTOCK 50% OFF RETAIL

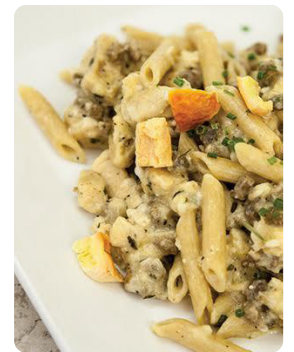
Instant Milk

Family Can: ~~\$39.28~~ **\$19.64** **SAVE 50%***
Case: ~~\$235.68~~ **\$117.84** **SAVE 50%***

Pantry Can: ~~\$16.34~~ **\$8.17** **SAVE 50%***
10-Pack: ~~\$163.40~~ **\$81.70** **SAVE 50%***

GF NG

*OVERSTOCKED ITEM



Recipe and Tips on Back

OVERSTOCK = Save on overstock items with adjusted shelf life. The discount for sale items includes the overstock savings. They've been carefully stored, retain top quality, and may be 1-2 years into their shelf life.

Contact Me for the Best Prices!

NAME: _____

FD Freeze Dried, GF Nutrilock, GF Gluten-Free Certified, NG Non-GMO

*Free shipping on delivery service orders over \$99. 5% shipping in Alaska, Hawaii, & Puerto Rico. Discounts on monthly special items are available only on Delivery orders. One-time orders pay retail price. Sale ends 3/30/2024. All sale and limited-time products are available while supplies last.

Thrive Life's freeze dried foods are the freshest on the market and long-lasting, meaning you'll never have to throw away another moldy onion or mushy strawberry! The unopened shelf life for all of our fruits, veggies, dairy, and meats is 25 years. For more information, visit our product pages at thrive.life.com.

Winter White Lasagna

This is a great recipe on the fly! It takes minimal time to prepare, and the savory flavor is amazing.

This recipe was provided by Mandy Guiley and is in our Recipe section of the Thrive Life website. Bolded ingredients are part of our March Specials.

4 servings

5 minutes prep time

15 minutes cook time

INGREDIENTS

3 cups Thrive Life Chicken Slices

½ cup Thrive Life Chopped Onions

1 cup Thrive Life Mozzarella Cheese

2 tablespoons butter, salted

2 cloves crushed garlic

1 ½ cups Thrive Life Sausage Crumbles

½ teaspoon black pepper

1 teaspoon Thrive Life Chef's Choice

½ cup Thrive Life Parmesan Cheese

1 teaspoon Thrive Life Italian Seasoning Blend

½ cup Thrive Life Béchamel (Creamy White Sauce) - more if needed

3 cups whole grain penne pasta

4 ½ cups water



DIRECTIONS

1. Sauté garlic in melted butter on the stovetop.
2. Add your chopped onions to slightly toast.
3. Add in about 4 cups of water and everything (except the noodles and Bechamel sauce). Bring to a boil and simmer for approximately 8-10 minutes.
4. Mix your Bechamel with ½ cup of water and mix into the pot.
5. Cook noodles as directed.

Creative Ways to Enjoy Some of Thrive Life's March Specials



Scrambled Eggs

Egg and Veggie Breakfast Muffins:

Whip up a batch of savory breakfast muffins using Thrive Life Scrambled Egg Mix, Tomato Dices, Red Bell Peppers, and any other veggies or cheese you prefer. Perfect for meal prep or grab-and-go breakfasts.



Strawberry Slices

Strawberry White Chocolate Bark:

Melt white chocolate and spread it onto a baking sheet lined with parchment paper. Sprinkle rehydrated Thrive Life Strawberry Slices and chopped nuts over the chocolate, then let it set in the refrigerator. Once hardened, break the bark into pieces for a delicious treat.



Blueberries

Blueberry Chia Jam: Make a healthy alternative to traditional jam by simmering Thrive Life Blueberries with chia seeds, sweetener, and a splash of lemon juice until thickened. Spread onto toast, add to yogurt, or use as a topping for oatmeal.



Tomato Dices

Tomato and Olive Tapenade: Blend rehydrated Thrive Life Tomato Dices with pitted Kalamata olives, garlic, capers, olive oil, and lemon juice until chunky. Serve as a topping for crostini, grilled chicken or fish, or toss with cooked pasta for a quick and tasty meal.

THRIVE
LIFE