



THRIVE
LIFE™

What's Our Secret?

Clean Eating Made Easy

You've found the best quality freeze dried food in the world!



Premium Quality

Thrive Life foods are Premium Quality, carefully selected to ensure the best taste and nutrition for you and your family.



NO GMOs: No Bioengineered Ingredients

Our food has no genetically modified organisms (GMOs) or ingredients changed through genetic modification or editing. We stick to natural, unaltered ingredients.



NO Artificial Colors or Flavors

Our food does not have any synthetic or man-made coloring agents or flavor enhancers. This means that any color or flavor in the product is from natural sources rather than artificial.



NO MSG, Sulfites, or Hydrogenated Oils

We don't use MSG, sulfites, or hydrogenated oils in our freeze dried food.



Certified Gluten-Free (select items)

Our certified gluten-free products have undergone testing and meet the standards for being free from gluten, a protein found in wheat, barley, and rye.



USDA Quality Standards

Our food adheres to strict quality standards set by the United States Department of Agriculture (USDA), ensuring that it meets safety, nutrition, and the highest quality criteria.

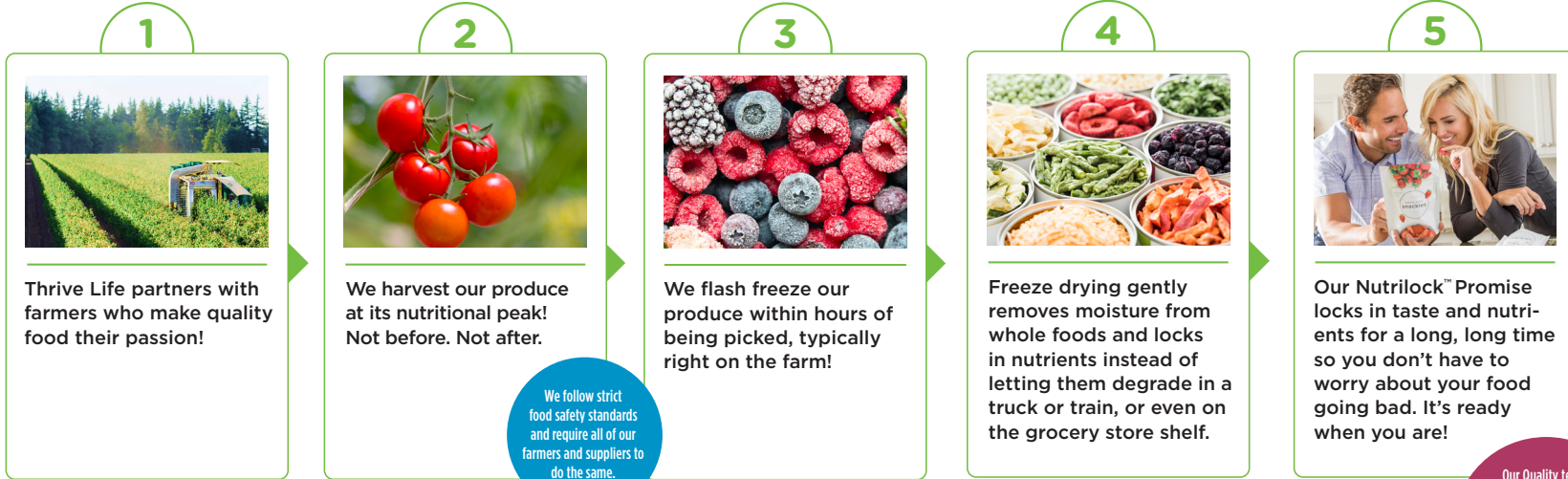
I've been working on my health for years and feel that Thrive Life is the last puzzle piece to a healthy life for my family.
~JENNIFER



Our Nutrilock™ Promise

It's the reason you're going to fall in love with our food.

Our Nutrilock™ process keeps 95% of nutrients intact, maintaining freshness like when it was picked. With more than 40 checkpoints, it guarantees garden-fresh flavor and goodness every time. Our food remains fresh for years with locked-in nutrients.



We follow strict food safety standards and require all of our farmers and suppliers to do the same.

Our Quality team is very busy. They inspect EVERYTHING coming in AND going out of our plant. We're all afraid of them. They're mean, but in a nice way.



Did you know?

- Most "fresh" produce travels an average of 2,000 miles to your grocery store.
- Going from the farm to your store can take up to 25 days, starting with early picking and artificial ripening, compromising quality. During transport and storage, produce loses freshness and essential nutrients like antioxidants and vitamins, affecting flavor.*

SO MANY BENEFITS! WHERE DO WE START?

OUR GREENS VS GROCERY STORE "FRESH"
Stopping nutrient degradation in its tracks!

Broccoli	Green Beans	Green Peas
52% More Vitamin B	77% More Vitamin C	4x More Vitamin E

Frozen vs fresh that's been stored for 10 days.⁹

We select products free of artificial colors, flavors, sulfites, MSG, and hydrogenated oils. That stuff is nasty!

Freeze dried broccoli

FREEZE DRIED VS "FRESH"

UP TO 52% MORE ²	UP TO 82% MORE ¹	UP TO 47% MORE ²
Phytonutrients	Phytonutrients	Phytonutrients
Freeze Dried Raspberries	Freeze Dried Strawberries	Freeze Dried Blueberries

What are phytonutrients?
They are plant compounds that are potent antioxidants. Think of them as nature's defense food.

- Bye, Bye, Preservatives
- No Artificial JUNK
- Nutrilocked
- Whole Food GOODNESS
- NO GMOs

GROCERY STORE "FRESH" IS NOT SO FRESH

100% Vitamin C content in spinach is lost by day 4 ⁷	Up to 40% Vitamin C content in pears, mangoes, and pineapple is lost by week 1 ⁸	62% Phytonutrient content in broccoli is lost by week 2 ⁸	24% Vitamin B content in peas is lost by week 3 ⁸
DAY 4	WEEK 1	WEEK 2	WEEK 3

Nutrilock®
Our Nutrilock™ Promise is simply this: We lock in the taste and nutrients of the food you love, so you're getting the best that Mother Nature has to offer—in every bite.

The Thrive Life Difference

It's freeze dried—superior quality and freshness every time.

✓ Amazing Taste!

You've found the world's tastiest freeze-dried food! Thanks to our proprietary Nutrilock™ process, you can enjoy delicious and nutritious meats, egg products, and also fruits and veggies that are just as ripe as the day they were picked without worrying about mold or spoilage.

✓ Convenient & Easy Prep

You can skip the washing, peeling, and chopping. Our food is pre-washed, pre-cut, and ready-to-use. Enjoy freshness without the need for refrigeration, delivered straight to your door!

✓ Peace of Mind with Long-Lasting Food

Prepare for any unexpected event with our extended shelf life (up to 25 years). Stock your kitchen with tasty, nutritious food you can rely on. Whether a natural disaster, unexpected guests, or a hectic schedule, we've got you covered.

✓ Save Money

Get more bang for your buck without compromising on quality or taste. You'll see real savings with a low cost per serving, less food waste, and fewer trips to the store.

✓ Highest Quality

From farm to table, we have the freshest, highest quality ingredients. You won't find artificial colors or flavors, GMOs, sulfites, hydrogenated oils, or MSG in our freeze dried food. Our Select Grade A products meet the highest standards.

We recently discovered Thrive Life, and our food bill has dropped substantially. Thank you!
-CAITLIN

Thrive Life Food FAQ

Where does Thrive Life's food come from?

We partner with suppliers who meet our rigorous standards, prioritizing taste and quality. Our commitment to food safety and ethical farming practices ensures that our products meet strict guidelines.

Is Thrive Life's facility approved by the USDA and FDA?

Absolutely! As a globally recognized Safe Quality Foods (SQF) facility, we prioritize high food quality and safety. We are certified by the USDA and FDA, and our facility is certified Gluten-Free and Organic. .

What percentage of the food's original nutritional value is retained after freeze drying?

Our food typically retains more than 95% of its original nutritional value. We ensure freshness by ripening produce on the plant and carefully handling it through cleaning, cutting, and freeze drying.

After freeze drying, are enzymes still active?

Yes, freeze drying is a gentle way to dry foods, and because only low heat is applied, enzymes are retained in the process.

Are Thrive Life products certified non-GMO?

All of our food is non-GMO, as verified by our food suppliers

Are Thrive Life products gluten-free?

We are a certified gluten-free facility, and all certified products have a symbol on the product label and our product website pages.

For a more complete list of FAQs, visit <https://www.thrivelife.com/frequently-asked-questions>

SOURCES

Visit www.thrivelife.com/info-sources for sources supporting the statements in this brochure.

