



## Create Your Thrive Life Business Plan

Creating a plan to build your business will help inspire you and keep you on track when life gets busy.

**Your Thrive Life Why:** What's your dream that this business can help you accomplish?

---

---

---

---

---

---

---

---

---

---

**Your Strengths:** Identify three of your biggest strengths in building your business currently:

Strength 1: \_\_\_\_\_

Strength 2: \_\_\_\_\_

Strength 3: \_\_\_\_\_

**Areas to Improve:** Pick one area you'd like to improve that would help you with your business:

Attribute or skill : \_\_\_\_\_

Action Plan to improve: \_\_\_\_\_

---

---



**Create Your 12 Month Goal:** Where would you like to be in a year?

- What rank do you want to reach?
- What monthly income do you want to receive?
- What personal skills do you want to master?

12 Month Goal: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Create Monthly Goals:** What do you need to do in order to reach your 12 month goal? Create smaller goals to help you make it happen.

In order to reach my 12 month goal, I need to do the following every month:

1. Have \_\_\_\_\_ tastings
2. Introduce Thrive Life to \_\_\_\_\_ people
3. Sign up \_\_\_\_\_ new Preferred Customers
4. Sign up \_\_\_\_\_ new Consultants
5. Help \_\_\_\_\_ of my Consultants rank up

**Weekly Goals:** What goals do you need to set every week to meet your monthly goal?

Goal 1: \_\_\_\_\_  
Goal 2: \_\_\_\_\_

**Schedule Time:** Scheduling time every week to work on your business will be extremely beneficial as you're building. Create your own "business hours" so that you can have time every week for follow up and sharing.

Days & Times for Business Hours: \_\_\_\_\_ Hours Planned Per Week: \_\_\_\_\_

Days & Times for Tastings: \_\_\_\_\_ Tastings Per Week: \_\_\_\_\_



**Goal Tracker:** Keep your goal tracker up to date so you can view your progress.

<b>MONTH</b>	<b># of New Preferred Customers</b>	<b># of New Consultants</b>	<b># of Introductions</b>	<b># of Consultants that Ranked Up</b>
Month 1				
Month 2				
Month3				
Month 4				
Month 5				
Month 6				
Month 7				
Month 8				
Month 9				
Month 10				
Month 11				
Month 12				